

1. What is the Western Zone Age Group Championship Meet?

The Western Zone Age Group Championship is a USA swimming four day championship swim meet for approximately 700 athletes ages 8-14 from 14 western states. Athletes compete on one of 17 "all-star" teams from their state or region. Athletes, coaches, officials, team support personnel, families of swimmers, spectators, meet volunteers, zone and national swimming leadership attend a variety of event activities.

2. When and where is the 2016 meet being held?

Website: utahzones2016.com

Date: August 10-13, 2016

Location: Kearns Oquirrh Park Fitness Center 5624 S.

Cougar Lane Kearns, UT 84118

Meet Motto: Swim Your Passion

How many States / LSC's compete in the Western Zone?
 There are 14 States that represent 17 LSC's (Local Swim Committees) See List below

4. Where do I go to find out information on how to apply for the meet?

<u>Each LSC has its own guidelines, application process and procedure for athletes planning to attend Zones.</u>

<u>Please click on your LSC for information and guidelines regarding applying for this meet. For general information please visit utahzones2016.com.</u>

USA Swimming Western Zone LSC's

- Alaska
- Arizona
- Central California
- Colorado
- Hawaii
- Inland Empire
- Montana
- New Mexico
- Oregon
- Pacific Swimming
- Pacific Northwest
- San Diego Imperial
- Sierra Nevada
- Snake River
- Southern California
- Utah
 - Wyoming
- 5. What are the time standards and how many "q" times must my swimmer have to participate in Zones?

You can find the 2016 time standards at uth.com under the Time Standards Tab. Each LSC has its own guidelines regarding the number of "q" times a swimmer must have to be eligible to attend the meet.

6. I have heard that if a swimmer only qualifies for a few events that they may be eligible to have "bonus" swims. If so ho many?

This again is determined by each individual LSC. Please refer to your specific LSC for guidelines on this matter.

7. If my swimmer ages up during the meet will they participate in their new age group?

Should a swimmer age up on the day of the meet they will be required to compete in their new age group.

8. Are there opportunities to volunteer during the meet?

Each LSC is required by the Western Zone policy to provide up to 3 timers for the event. We would be delighted to hav more volunteers. You may go to the utahzones2016.com select contact us to indicate your willingness to volunteer and we will get information to you in due course.

Every volunteer will receive a Rocky the Raptor T-Shirt for working up to three sessions.

- 9. Where are the closest hotels in relation to the pool?

 There are a number of hotels in the West Valley that are 15 minutes away from the pool. The teams are staying at The Crystal Inn, Country Inn and Suites, Holiday Inn Express, Staybridge Suites and Towne Place Suites.
- 10. Can you buy coffee in Utah?

Absolutely. Starbucks and many other local coffee shops do a thriving business here in Utah.

11. What is the address for the pool? Where do visitors park at the pool facility?

Kearns Oquirrh Park Fitness Center 5624 Cougar Ln, Salt Lake City, UT 84118. Parking for swim meet spectators is designated at the south entrance to the KOPFC facility. There will be signs along Cougar Lane and 4800W showing the entrance. Please see Event Site Layout Map attached.

12. Do you have any suggestions on potential places to extend our stay and vacation in Utah?

Utah is home to several phenomenal national parks and recreation areas. Arches, Canyonlands, Capitol Reef and Moab are popular destinations. If you are interested in dinosaurs please take the time to visit the Natural Museum of History in Salt Lake City. We look forward to welcoming you and your family, check out our link to Visit Salt Lake on the utahzones 2016.com website for many excellent recommendations on what to do and see during your time in Utah.

























