

Team Warm-up Schedule

Monday, August 8							
	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	
							PC Pacific
2:00	AK-11	AK-11					PN Pacific Northwest
2:30	AK-11	AK-11					SI San Diego-Imperial
3:00							SN Sierra Nevada
8:00							SR Snake River
4:00					CC-28	CC-28	SC So Cal
4:30	SN-48	SN-48	SN-48	SN-48	CC-28	CC-28	UT Utah
5:00	SN-48	SN-48	SN-48	SN-48	CC-28	CC-28	WY Wyoming
5:30	SN-48	SN-48	UT-52	UT-52	UT-52	UT-52	
6:00	SN-48	AK-11	UT-52	UT-52	UT-52	UT-52	
6:30	SN-48	AK-11					

AK	Alaska	CO	Colorado	MT	Montana
AZ	Arizona	HI	Hawaii	NM	New Mexico
CC	Central Cal	IE	Inland Empire	OR	Oregon

Wednesday & Friday								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Early=7:00 am - 7:40 am	SD, SNS, CC	SD, SNS, CC	SD, SNS, CC	UT,AZ,SR	UT,AZ,SR	IE,MT,NM, WY	IE,MT,NM, WY	IE,MT,NM, WY
Late=7:40 am - 8:20 am	PNS,PC	PNS,PC	PNS,PC	CO,AK	CO,AK	SC,OR,HI	SC,OR,HI	SC,OR,HI

Thursday & Saturday								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Early=7:00 am - 7:40 am	PNS,PC	PNS,PC	PNS,PC	CO,AK	CO,AK	SC,OR,HI	SC,OR,HI	SC,OR,HI
Late=7:40 am - 8:20 am	SD, SNS, CC	SD, SNS, CC	SD, SNS, CC	UT,AZ,SR	UT,AZ,SR	IE,MT,NM, WY	IE,MT,NM, WY	IE,MT,NM, WY

Team Warm-up Schedule

Tuesday, August 9								
	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
9:00							IES-30	IES-30
9:30	SN-48	SN-48	SN-48	SN-48	CC-28	CC-28	IES-30	IES-30
10:00	SN-48	SN-48	SN-48	SN-48	CC-28	CC-28		
10:30	SN-48	SN-48	SN-48	SN-48	CC-28	CC-28		
11:00					AK-12			
11:30					AK-12			
12:00					PC--60	PC--60	PC--60	PC--60
12:30					PC--60	PC--60	PC--60	PC--60
1:00					PC--60	PC--60	PC--60	PC--60
1:30								
2:00	NM-60	NM-62	NM-62	NM-60	SI-52	SI-52	SI-52	SI-52
2:30	NM-62	NM-62	NM-62	NM-60	SI-52	SI-52	SI-52	SI-52
3:00	SR-17	SR-17	HI-30	HI-30	SI-52	SI-52	SI-52	SI-52
3:30	SR-17	SR-17	HI-30	HI-30	WY-5 or 6			
4:00	SR-17	SR-17	HI-30	HI-30	WY-5 or 6			
4:30	MT-30	MT-30		CO-73	CO-73	CO-73	CO-73	CO-73
5:00	MT-30	MT-30		CO-73	CO-73	CO-73	CO-73	CO-73
5:30				AZ-13	UT-52	UT-52	UT-52	UT-52
6:00				AZ-13	UT-52	UT-52	UT-52	UT-52